



CHRIST MATRIC HR. SEC. SCHOOL, CHENNAI-56

REMINISCE

Vol. 01

Issue 05

November- 2021

Run by CMI Fathers

ISO 9001:2015

Contents

- 01 From the Head Table
- 02 Principal's Press
Message of the Staff Secretary
Editorial
- 03 Teacher's Message
Parent's Message
Alumni Talk
The 100th Day of School
Science Day Report
- 04 Diwali Festival
World Book Week
Children's Day Celebration
Universal Children's Day
Celebration
Star of CHRIST
- 05 Monthly Staff Webinar
Soul Readers
Word Power
Event Buzz
Birthdays

REMINISCE

A Monthly Newsletter
from Christ Cultural Department

EDITORIAL BOARD

Principal : Fr. Mathew Thomas CMI
Editor : Mm. Mahalaskhmi
Staff Secretary : Mm. Sharmila
Cultural Secretary : Mm. Valarmathi

From the Head Table

'As the call, so is the echo' is an old saying that gives a lot of insights to us even in these most modern days of human life. This is what Sir Isaac Newton said in his third law of motion: 'For every action, there is an equal and opposite reaction'. There is an interconnectedness between each action and its effect. It is true in the day-to-day experience of human life. This can be considered as ethics of reciprocity. If we are conscious of this fact, we would do only good things to others as it is clear that 'what goes around comes around'. The Holy Bible presents this principle of practical life in simple words - 'Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven.' (Luke 6: 37).

Everyone, even a small child, expects respect and would like to be respected. But, we seldom think that it is a 'give and take' policy in most cases. We would like to be respected, but, at the same time, we often fail to give back respect. One of the causes attributed to the eighteen days Mahabharata war (Kurukshestra war) between Kauravas and Pandavas is the disrespect and humiliation meted out to Draupathy by the Kauravas. This is also true in many other wars between countries or family feuds or individual squabbles.

Thiruvalluvar, the great Tamil poet and philosopher, says in திருக்குறள் - 962: "சீரினும் சீரல்ல செய்யாரே சீரொடு பேராண்மை வேண்டு பவர்." (seerinum seeralla seyyaarae seerodu paeraaNmai vaendu pavar). The couplet means: 'Those who desire to maintain their honour, will surely do nothing dishonourable, even for the sake of fame.' The renowned golden rule says, 'In everything, do to others as you would have them do to you.' (Mt 7:12a). We have to respect and recognize the dignity of the other irrespective of their caste, creed, colour, etc.

As responsible people, we are duty-bound to prepare ourselves as well as our younger generation to respect our fellow beings. The elderly people are to be respected by our younger ones. Going further, we have to learn to respect nature. It is all the more important in these days of excessive exploitation of Mother Earth. Pope Francis says, 'Listen to the cry of the Earth.' (Laudato Si). Therefore, let us learn how to give respect and dignity 'and if you and I do so, it will be given to us. 'A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back' (Luke 6:38).

Fr. (Adv) Joy Arackal CMI
Correspondent

THEME **RESPECT**

Christ Nagar, Senneerkuppam, Poonamallee,
Chennai - 600056, Ph: 044-26790693; 26790694
E-mail: christschool@gmail.com,
Web: www.christschool.co.in, www.facebook.com/christchennai



Principal's Press



The virtue of respect is closely related to the Golden Rule outlined in St. Mathew's Gospel, where the principle of *'treating others as we want to be treated'* is stated. It involves treating people with dignity and caring for them. It means valuing both others and ourselves. A respectable person listens to others, is patient and considerate, courteous and polite, cares about others' rights, and is interested in *"creating a climate of goodness"* wherever s/he is. From childhood, we have been taught *"give respect and take respect"* to ensure that everyone is respected equally as a part of the definition of brotherhood and humanity. It means treating people the way we want to be treated and talking to people the way we want to be talked to. Respect is earned, not given. Franklin D Roosevelt says, *"If you treat people right, they will treat you right...ninety percent of the time."* Having this awareness will lead us to give and receive respect in an amicable manner.

Disrespect, the polar opposite of respect, can be explained by an ancient inhuman practice of untouchability (i.e. the practice of discriminating individuals and groups based on their caste and the jobs they performed) that existed in our nation. People from the lower castes were treated more harshly than animals; there was no respect, and their dignity was not respected. In those days when such evils were practised, Adi Sankaracharya and his disciples were on their way to the temple after bathing in the Ganges. On the way, they saw a

Chandala (an outcaste) with four dogs standing in their path. As Brahmins were not allowed to touch Chandalas in those days, the saint asked him to move away. The Chandala turned around and asked: "To whom are you asking to move? To my body or to the God within me? How will you become impure by touching me? How do you differentiate between a Brahmin and a Chandala? Because both of our bodies are made of the same elements; earth, water, fire, air and space, even though we look different. So, tell me, when the same God dwells in you and me, how can you ask me to move away and not touch you?" After hearing this, Adi Sankara prostrated before the Chandala and composed *Manisha Panchaka*. We learn from this incident that we should accept, cherish and respect each other's dignity since everyone possesses the same divine presence.

In India, we follow the custom of greeting each other with *Namaste*. This means *the Divine in me honours the Divine in you*. If two individuals meet together and greet each other *Namaste*, this means that they are uttering *"may our minds connect"*, this is the reason why the palms should be folded and placed near the chest when greeting. The act of bowing down is a way of showing humility, respect, and love toward one's fellow human. We greet each other with *Namaste* in our schools, families, and other places. Our nation gives such importance to respecting others. However, in comparison to older generations, the modern generation seems to lack respect. Dear parents and teachers, we need to find out the reasons for that and teach them the importance and benefits of respect. Dear students, you can respect your elders by listening to what they are saying. Listening to someone makes them feel special, and obeying them makes you responsible. And their blessings will permanently save you from negativity. Respect not only the elders but also the peers by accepting their strengths and weaknesses and not discriminating against them. If you do so, you will be a precious person in their lives.

Fr. Mathew Thomas CMI
Principal

Message of the STAFF SECRETARY

Respect is a positive feeling or action towards others. It is a sign of ethical behaviour. There are two aspects of respect. Those are self-respect and respect for others. *Self-respect* is a quality that is extremely important for the dignity, confidence and personality of an individual. A self-respecting person will always accept the responsibilities, and in return, is also respected by the fellow beings. *Respect for others* means showing respect to the people around us such as parents, relatives, teachers, neighbours, friends, etc. The best way to show respect for others is to listen to them. It also helps us to understand others' views and opinions, which may help us to grow. So, respect yourself, and others will respect you.

Mm. Sharmila G.



EDITORIAL

Self-respect is the greatest gift you can give yourself. Self-respect leads to self-discipline; when you have both firmly under your belt, that's real power. Work constantly to improve yourself, not to prove yourself. Finally, Self-Respect, Self-Worth and Self Love, all start with self. Stop looking outside of yourself to find your value. It is a superpower within. Once you begin to believe in yourself, the magic starts happening.

Enjoy the sparkle of this magic and fly beyond the sky.

Mm. Mahalakshmi



TEACHER'S MESSAGE

"Knowledge will give you power, but character respect." - Bruce Lee

Dear Christites, Respect is a way of treating or thinking about someone. Respect in your relationships builds feelings of trust, safety, and well-being. We should show respect by listening to others, being polite, kind and treating others as we would like to be treated.

Respect is one of the greatest value frameworks for a perfect human. Respect does not come naturally – it is something you learn. My dear children, do not forget to respect others in your life. It builds confidence, pride and good character in you.

So when you behave respectfully, you are doing something admirable, which gives you the same respect!!!

Mm. V. Valarmathi



PARENT'S MESSAGE

"Respect yourself and others will respect you." - Confucius

Respect, also called esteem, is a positive feeling or action shown towards someone or something considered important or held in high esteem or regard. It conveys a sense of admiration for good or valuable qualities. It is also the process of honouring someone by exhibiting care, concern, or consideration for their needs or feelings.

Some people may earn the respect of individuals by assisting others or by playing important social roles. In many cultures, individuals are considered to be worthy of respect until they prove otherwise. Courtesies that show respect may include simple words and phrases like "Thank you" in the West or "Namaste" in the Indian subcontinent, or simple physical signs like a slight bow, a smile, direct eye contact or a simple handshake. An honorific is a word or expression that shows respect when used in addressing or referring to a person or animal.

True respect, is a feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements.

Mrs. Vijayalakshmi, M/o S. Neha (G10-A)



ALUMNI TALK

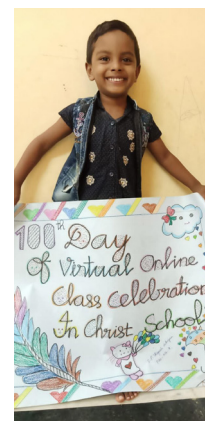
We know that school life is the best life for everyone. We create our everlasting memories here. For me, Christ Matriculation Hr. Sec. School was like heaven. I loved this school for its extraordinary teaching techniques. Teachers always encouraged us to participate in various competitions and extracurricular activities, and it was the result of their support & dedication that the students always performed better in every competition. We all were fortunate to have amazing people to guide us. My school gave me an astounding learning experience with credence and willpower. It was the place where I could recognize my uniqueness and a strong sense of individuality. I thank my teachers and the school wholeheartedly.

Archana R (2019-2020 Batch)



THE 100TH DAY OF SCHOOL

Our school had a proud moment in celebrating the 100th day of School on 03 November 2021 with joy and fun. A video was prepared on the theme 'School is the best place to learn new things always'. KG kids and parents gave feedback speeches about the first 100 days of school. They were recollecting their memories of online classes, assembly gatherings and creative activities like nature day, red day, teacher's day, doll day and so on. As the 100th day of school was celebrated in a glamorous and unique fashion, the memories were cherished by the tiny tots.



SCIENCE DAY REPORT

"Science begets knowledge, opinion begets ignorance"

Christ Matriculation Higher Secondary School celebrated World Science Day on 10 November 2021. The program started with a scientific welcome address. A creative drawing on robotics and development technology added colour to the event. The program was strengthened by the message of achieving the Sustainable Development Goal (SDG) by 2030. To enhance the knowledge above, a science day creative quiz contest was held. The biography of Galileo, the father of modern science, was recited and our students performed the creative scientific experiments. Mm. Mily addressed the gathering on the developments in science. The presentation of a science anthem added rhythm to the day. The science day program, which was really an eye-opener for the children, concluded with a vote of thanks.

DIWALI FESTIVAL

"May the light lead you onto the roads of growth and prosperity."

Diwali - the festival of lights, is a symbol of hope for humankind. May it bring universal compassion, an inner joy of peace, love and the awareness of unity to all!

In our school, we celebrated Diwali, and the students of G6-D & G5-A organized a video tribute. Various programs like speech, song, rangoli, dance, preparation of sweets were part of the video. Safety precautions to handle the crackers were also narrated with live examples.

A special thanks to our students, teachers and parents who helped to make this event a success.

WORLD BOOK WEEK

"A writer only begins a book; a reader finishes it."

World Book Week was virtually celebrated at Christ School from November 8 to 14 on the theme *"Open a book to open the world."*

The opportunities were enthusiastically used by G5-C & G6-C students. The children took part in character play and moral story narration from Panchatantra. The Ruskin Bond interview was cast by Joel Samson, whose unique presentation captured the audience's attention. A video prepared by students was a motivational one that encouraged children to inculcate their reading habits.

CHILDREN'S DAY CELEBRATION

"Children are the world's most valuable resources and its best hope for the future."

In commemoration of the 128th birth anniversary of our Former Prime Minister, Pandit Jawaharlal Nehru, our School held a virtual Children's Day celebration on 14 November 2021.

The virtual children's day programme had a series of interesting and exciting events. The programme began with a prayer song by the teachers, followed by an informative and inspirational speech by Rev. Fr. Principal.

A variety of events such as classical dance, group dance, Tamil poem, lucky draw, and small clippings of Nehru were presented to make the day even more special and memorable for the students.

Happy Children's Day Christites!



UNIVERSAL CHILDREN'S DAY CELEBRATION

"Every child is a gift of nature, give them their today, give them time to play and make way for their future."

To promote awareness about children's rights and create togetherness amongst children, our school virtually celebrated Universal Children's Day on 20 November 2021 (Saturday). The virtual Universal Children's Day programme had a series of interesting and exciting events. The programme began with a prayer song, followed by an informative and inspirational speech by Rev. Fr. Principal. The day was made more special by various events such as dance, poem recitation, speech, instrumental music, and mono-act, each of which left a lasting impression on the students.

Happy Universal Children's Day Christites!

STAR OF CHRIST

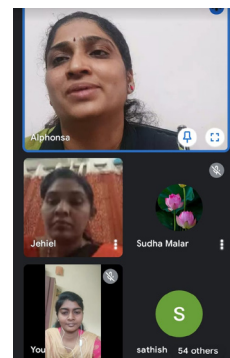
*"Reach for the stars,
You just might become one!"*

Christ felt very honoured to announce that **Sneha Girish** of **G12-D** has won the 3rd prize of **Saint Chavara Exemplar Award 2021**. The management, teachers and students shared a proud salute to her.

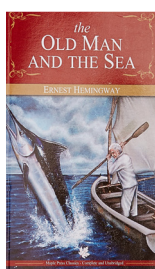


MONTHLY STAFF WEBINAR

On November 27, the monthly staff webinar was held virtually on the theme "Education- the easier one". Mm. Jensi mastered the seminar in an efficient way. Mm. Jenifer explained the Ancient and modern education under the role of SSA and RMSA. Mm. Alphonsa expressed the student's struggle in online classes and the way for skill development by thinking out of the box. Mm. Mahalakshmi highlighted the importance of powerful and quality-oriented education by never losing out on the passion. Followed by the presentation there was a Q&A session. Mm. Selesteena delivered the Vote of thanks. The webinar ended with a lovely quote "Learn to love, and love to learn".



SOUL READERS



Book: The Old Man and the Sea

- 'The Old Man and the Sea' is a short novel written by American author Ernest Hemingway in 1951.
- This story fetched him Nobel and Pulitzer prizes.
- This is a captivating fiction story about an old man named Santiago and his adventures.
- One day he sets out on a fishing journey to catch the big one. The old fisherman did not get any fish for 84 days. But again, on the 85th day, he went fishing, and after a long struggle, he grabbed a long fish named Marlin. At a point, he says, "A man can be destroyed but not defeated – that is, a true man will fight to the death if needed, but he will never give up." This shows his courage and determination in the face of the hurdles he had faced.
- The moral I learnt from the story is that we shouldn't lose heart until we achieve our dreams.

"Dare to Dream"

by M. Kamala, G11-D

WORD POWER

1. Heaving - extremely crowded
The foyer was absolutely *heaving* with people.
2. Eavesdrop- secretly listen to a conservative
My father *eavesdropped* on my phone calls.
3. Gleam - shine brightly
He had a speculative *gleam* in his eyes.

by Sneha Girish, G12-D

EVENT BUZZ

December 2021

- | | |
|--------------|----------------------------------|
| Dec 2 | – National Pollution Control Day |
| Dec 10 | – Human Rights Day |
| Dec 13 | – National Mathematics Day |
| Dec 13-22 | – Term Exam 2 |
| Dec 22 | – Christmas Celebration |
| Dec 23-Jan 2 | – Term 2 Holidays |
| Jan 3 | – School Reopens (Term 3) |

HAPPY
Birthday

BIRTHDAYS - NOVEMBER 2021

- | | |
|----------------------------|-----------------------------|
| Dec1 : Mr. Johnson | Dec 22 : Mm. Dhanalakshmi |
| Dec16 : Mm. Monica | Dec 23 : Mm. Jasmin Minu |
| Dec 19 : Mm. Sridevi | Dec 27 : Mm. Manisha Jeejo |
| Dec 19 : Mr. Karthik M (D) | Dec 29 : Mm. Jothi Mani A R |
| Dec 21 : Mm. Valarmathi | Dec 30 : Mm. Rajeswari |

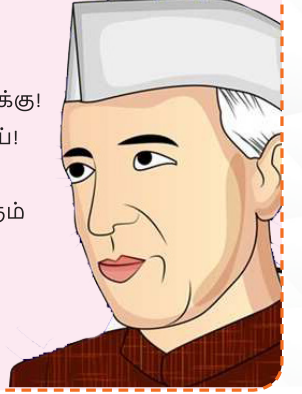
ரோஜாவின் ராஜா (நேரு)

அலகாபாத்தில் பிறந்தவராம்
ஆன்ற பெருமை உடையவராம்
இந்தியத் தாயின் தலைமகனாம்
ஈவிரக்கம் கொண்டவராம்
உன்னதப் பண்பு உடையவராம்
ஊக்கமாக உழைத்தவராம்
என்றும் புகழை உடையவராம்
ஏறுநடை கொண்ட வீரராம்
ஐயமின்றி வாழ்ந்தவராம்
ஒற்றுமையை விரும்பியவராம்
ஓங்கு புகழுக்கு உரியவராம்
ஒளவுதமாய் நமக்கு கிடைத்தவராம்
மனிதருள் மாணிக்கமாம்
ரோஜாவின் ராஜாவாம்
குழந்தைகள் போற்றும் ராஜாவாம்
நேருமாமா புகழ் ஓங்குக!

Poem by Ryan Johnson R., G5-C

குழந்தைகள் தின விழா Poem by Mm. S. Rajam

இரண்டடி குறளுக்கும் இணையில்லாப் பொருளுண்டு!
காற்றை கையில் பிடித்து
கண்ணாமூச்சி ஆட வேண்டும்.
தேன்கூட்டில் சிறு தேனீயாயமாறி
தேன் சுவையை ருசிக்க வேண்டும்.
வானத்தின் மேலேறி வான்நிலவைத்தொட்டு
வானவில்லின் வர்ணனங்களைப் பூசிக்க வேண்டும்.
செதுக்கும் சிற்பியின் சிந்தனைகளுக்கு
உரமிடும் உலக அதிசயம்!
நேசத்தின் வாசனையை நெஞ்சத்தில் நிறைத்திடும்
நித்திய மல்லிப் பூக்கள்!
மன்னிப்பின் மகரந்தங்களைச் சுமந்து
சுற்றி வரும் பட்டாம்பூச்சிகள்!
பொறுமையாய் காத்திருங்கள் இப்பொன்
வரிகள் போதுமானவை அல்ல!
போற்றிக் காக்க வேண்டிய புதியலாய்!
பூமியின் நிலவுகளாய் பூரிப்புடன்
புது உலகைப் படைக்க இருக்கும்!
என் சின்னஞ் சிறிய தேன்சிட்டுகள்!
நான் காணும் சீருடை சிட்டுக்குருவிகளுக்கு!
குழந்தைகள் தின வாழ்த்துச் செய்தியாய்!
வரிகளைச் சமர்ப்பிக்கின்றேன்!
வையகத்தில் பிறக்கும் குழந்தைகளுக்கும்
பொருளுண்டு என்று...



दीपावली by S. Kamalesh Waran, G8-A

दीपावली हिन्दुओं का सबसे बड़ा त्योहार है। यह हिन्दुओं का मुख्य त्योहार है। यह उनका पवित्र त्योहार है। इस दिन भगवान राम रावण को मारकर अयोद्या लौटे थे। इसी खुशी में लोगों ने अयोद्या को हज़ारों दीपों से सजाया था। तभी से दीपावली मनाती है। दीपावली के बहुत दिन पहले से ही लोग अपनी दुकानों और घरों को सजाते हैं। दीपावली के दिन लोग रात में लक्ष्मी की पूजा करते हैं। लोगों का विश्वास है कि लक्ष्मीजी रात में सबसे घर जाती है। इसी कारण कुछ लोग रात-भर जागते हैं। दीपावली के दिन लोग नए कपड़े पहनते हैं। उस दिन लोग पटाखे छोड़ते हैं। इसलिए बच्चे दीपावली के दिन बहुत खुश होते हैं।

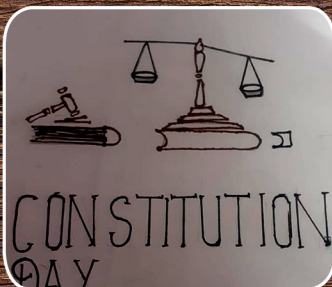
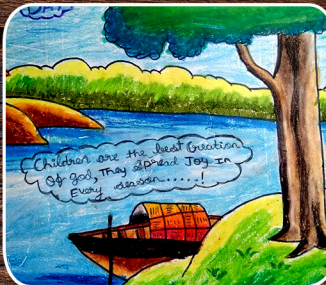
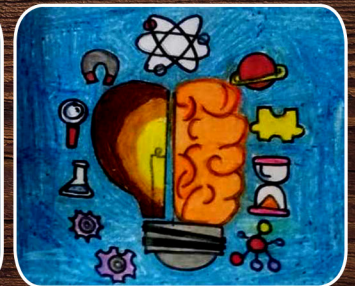
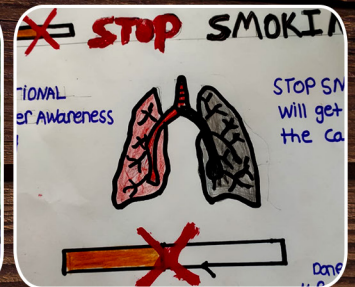
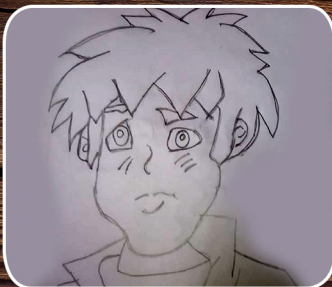
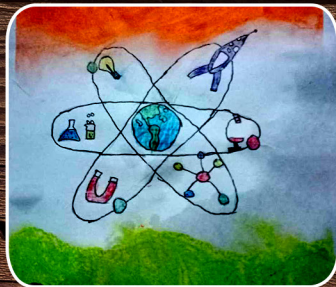
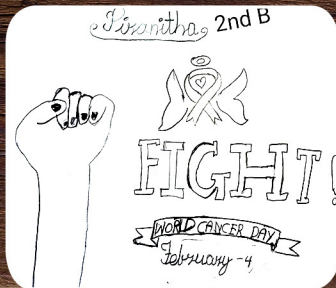
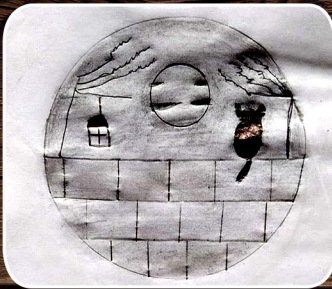
குழந்தைத் தொழிலாளர்

படிக்க ஆசைப்பட்டேன்
பள்ளிக்கூட கனவு கண்டேன்
என் வயது பிள்ளைகளோட
எழுதி படிக்க ஆசைப்பட்டேன்
அத்தனையும் கனவுபோல அண்ணாச்சி
எங்க வாழ்க்கை இன்னும்
மாறலையே அண்ணாச்சி!!
தொடருமா இது தொடருமா
முடியுமா இல்ல முடியுமா?

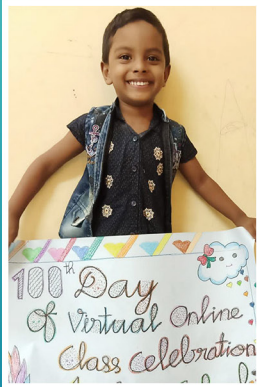
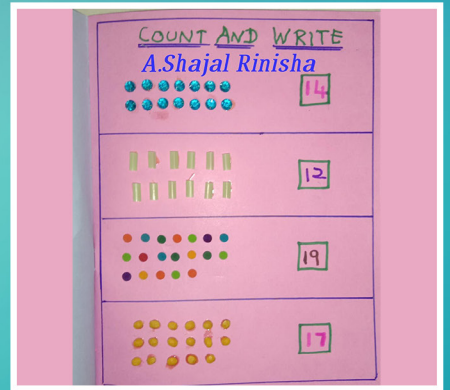
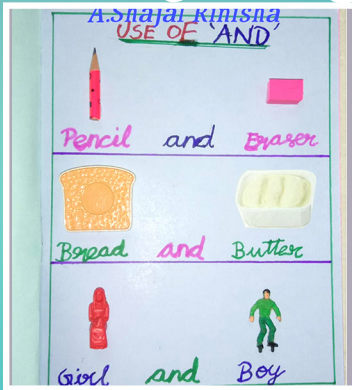
Poem by V. Vivek, G6-D



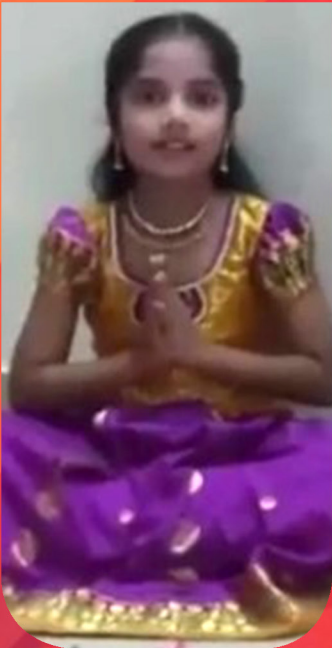
CHRIST CREATIVE HUB



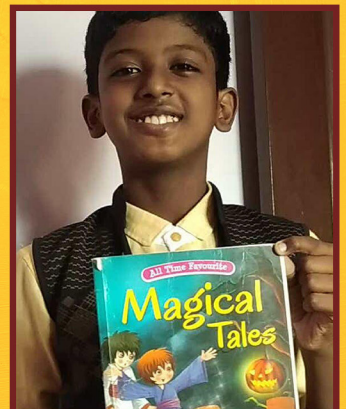
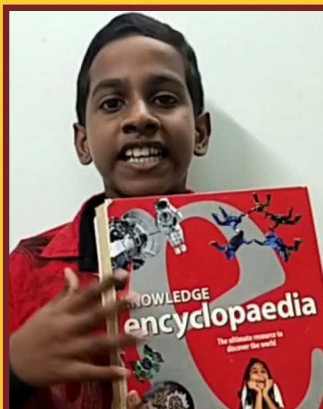
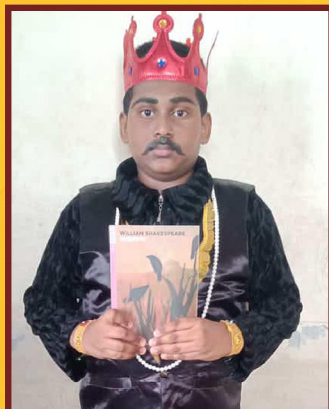
The 100th Day of School



DIWALI FESTIVAL



WORLD BOOK WEEK





CHILDREN'S DAY

